

# Chartwell's Lifestyle & Care Options in Alberta

Are you wondering what living options are available in Chartwell retirement residences in Alberta? Let's explore what may be the best fit for you or a loved one!

*It's home,  
with benefits*

No matter what lifestyle option you choose, in a Chartwell residence you'll benefit from these included or optional (\$) services:

- Delicious and nutritious dining
- Daily snack and beverage service
- Housekeeping and laundry service
- Transportation services
- Activities, classes, and outings
- 24/7 access to staff on-site

	Who is the right fit?	What are the benefits or services?	What is the accommodation like?
<i>Independent</i> LIVING	<b>Active older adults and downsizers</b> who want à la carte service options and <b>do not need care.</b>	<ul style="list-style-type: none"> <li>Maintenance-free lifestyle</li> <li>Quiet, social community of like-minded people</li> <li>Staff available 24/7</li> <li>À la carte services like meal packages, housekeeping, and transportation</li> </ul>	Our independent living suites <b>come in all designs and sizes</b> depending on the residence— <b>studio, one-, one-plus-den and even two-bedroom</b> layouts!
PRIVATE <i>Supportive</i> LIVING	<b>Independent or semi-independent seniors managing care needs</b> or mobility challenges who want a service package and access to flexible support.	<ul style="list-style-type: none"> <li>Medication management</li> <li>Assistance with morning or evening routine</li> <li>Escort to meals and activities</li> </ul>	This lifestyle option is <b>available via Alberta Health Services</b> , who <b>funds the care</b> delivered by Chartwell staff. To qualify, AHS conducts an assessment of your needs before authorizing and funding care in a Chartwell residence.
<i>Assisted Living</i> DESIGNATED SUPPORTIVE LIVING	<b>Seniors who need significant support</b> with their daily routine or health care needs.	<ul style="list-style-type: none"> <li>Bathing and showering assistance</li> <li>Meal assistance</li> <li>Continence care</li> <li>Customized health care support</li> </ul>	This subsidized lifestyle option is <b>available via Alberta Health Services</b> , who <b>funds accommodations and care</b> delivered by Chartwell staff. To qualify, AHS conducts an assessment of your needs before authorizing and funding care in a Chartwell residence.
<i>Memory care</i> & MEMORY LIVING	<b>Seniors living with dementia</b> or Alzheimer's who require specialized care and support.	<ul style="list-style-type: none"> <li>Unique person-centred approach to care and staff training</li> <li>High staff-to-resident ratio</li> <li>Specialized dining and activities</li> <li>Secure, dedicated neighbourhoods or designated suites</li> </ul>	<b>Memory care is a subsidized lifestyle option</b> available via Alberta Health Services, who authorizes and funds accommodations and care delivered by Chartwell staff. <b>Memory Living is an elevated, private-pay experience</b> offered only at Chartwell Wescott in Edmonton.



With **11 residences across the province**, we likely have a Chartwell near you that will be the right fit for you or a loved one. Contact us today for guidance on the senior living choices in your neighbourhood!