







Enjoy a vibrant, worry-free lifestyle with a variety of living and support options available for your enjoyment and peace of mind.

### PART OF OUR LOCAL COMMUNITY SINCE 2000

Chartwell Meadowbrook is a newly-renovated retirement community with northern charm in the highly sought-after destination of Lively, part of the Greater Sudbury region. We're within a short walk or drive of many convenient local amenities, including banks, restaurants, coffee shops, pharmacies, liquor stores and walking trails—making running errands or meeting up with friends both easy and enjoyable. When you aren't enjoying our lovely green space, you may find yourself participating in a social event in one of our many on-site amenities or savouring a delicious and healthy meal in our energetic dining room, defined by soaring ceilings and an open concept feel found throughout our home. No matter where you are in our retirement community, you'll enjoy beautiful evergreen views that are especially stunning in the autumn months.

# OUR UNIQUE LIFESTYLE

Chartwell Meadowbrook uniquely offers a choice of accommodation and service options that allow you to customize the lifestyle that best reflects your individual needs and preferences.

Our **independent living apartments** come in well-appointed one- and two-bedroom layouts and feature full kitchens, a valued feature for individuals who still wish to cook. We also offer à la carte meal options at an additional fee.

Meanwhile, our **independent supportive living suites** provide a full-service retirement living experience for people looking for delicious meals included and care options available. Our support services are there to provide you with the peace of mind that we can accommodate your changing needs over time, allowing you to comfortably age in place.

Finally, we offer contemporary **seniors' townhomes** on the eastern side of our property for active and independent seniors looking to downsize and experience a social and maintenance-free lifestyle.

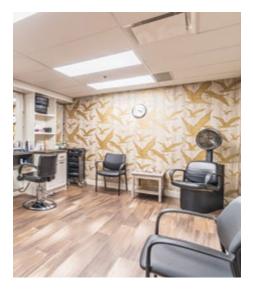
Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.



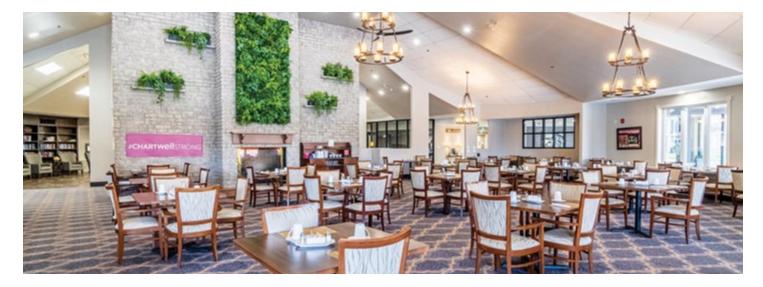








## FACTS & FEATURES



#### IN THE NEIGHBOURHOOD

<ul> <li>Grocery s</li> </ul>	tores
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- Pharmacies
- Shopping

#### **ACTIVITIES**

 Social and recreational programs

Continental breakfast\*

Day trips\*

Banks

Restaurants

Medical clinics

Exercise

Catering\*

Family dinner\*

- Transit
- Coffee shops

Live entertainment

Live music events\*

Libraries

Gardening

DINING SERVICES

LiveNow program

Cultural activities

Educational activities

- Diversified menu
- À la carte menu
- Meals for guests\*

#### CARE SERVICES

administration\*

On-call Nurse

• On-site Nurse

- Assistance with activities\* Medication supervision/ of daily living
  - Physiotherapy\*
  - Physician visits\*

Activity room

Fitness room

• TV room

- Freshly prepared snacks
- Companionship\*
- Vitals monitored\*

Multi-functional room

Oxygen service

Library

Lounge

#### **AMENITIES**

- Dining room
- Private dining room
- Bar/lounge
- \*Fee-for-service may apply.



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