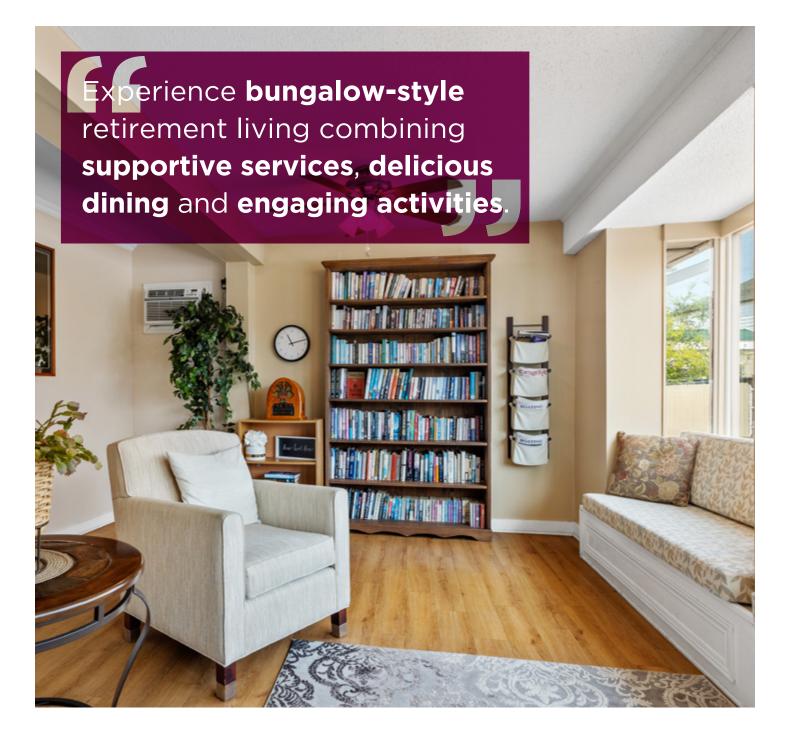




making people's lives BETTER



PART OF OUR LOCAL COMMUNITY SINCE 1984

Chartwell Pinewood is an intimate, established retirement residence with the feeling of a family home in east Pembroke, beside Smart Centres Pembroke Mall. We're well known for our strong local reputation, accessible bungalow-style layout, and warm, welcoming ambiance, where everyone feels like they belong to a tight-knit community of residents and staff. We offer independent seniors an active and engaging lifestyle with customized support options available. At our all-inclusive retirement residence, you can benefit from three delicious and nutritious daily meals, weekly housekeeping, and personalized care options, should you require additional support now or in the future. You also have a choice of spacious and bright studio or one-bedroom suites.

OUR UNIQUE LIFESTYLE

At Chartwell Pinewood, our social and supportive lifestyle is designed to empower you to spend your time and energy on the people and pursuits most important to you in your retirement years. Here, you may find yourself bringing your morning coffee and paper to our cozy, light-filled library to begin the day with peaceful meditation, or perhaps joining a friend or family member for a wholesome meal in our lively dining room with big windows. We also have a peaceful chapel, as well as a charming courtyard where you can get some fresh air.

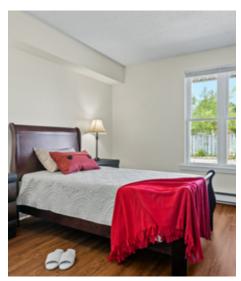
You'll find it's easy to make friends at our retirement community, as our residents are a welcoming and down-to-earth crowd. You may even make a new acquittance during one of our many social, fitness or charitable programs on offer, including our very popular Trivia nights, Bingo, and themed dining events.

Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.









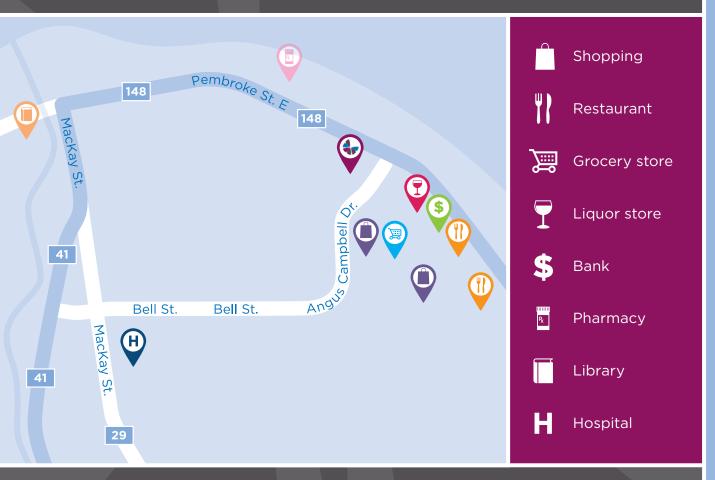


FACTS & FEATURES



IN THE NEIGHBOURHOOD

Grocery storesPharmaciesShopping	RestaurantsHospitalBanks	Coffee shopsPlaces of worshipCinemas
ACTIVITIES		
 LiveNow program Educational activities Social and recreational programs 	Day trips*ExerciseLive entertainment	Live music eventsGardeningYoga
DINING SERVICES		
Diversified menuÀ la carte menu	Meals for guests*Family dinner	 Freshly prepared snacks
CARE SERVICES		
 Medication supervision/ administration* On-call Nurse 	 Care Assist Program Esthetician services* Visiting physician* 	 Vitals monitored* Oxygen service On-site Nurse
AMENITIES		
Dining roomPrivate dining roomBistro/cafe	Activity roomOutdoor greenspaceTV room	Multi-functional roomLibraryWalking paths



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CHARTWell.com