



**CHARTwell**  
PEMBROKE  
HERITAGE  
retirement residence



making people's lives BETTER



“The **independent lifestyle** you want—with the **support** you need—in the heart of the **Ottawa Valley**.”

## PART OF OUR LOCAL COMMUNITY SINCE 2001

Chartwell Pembroke Heritage Retirement Residence boasts stunning views of our elegant, landscaped grounds backing onto the Ottawa River. Our home is conveniently located in a village-like setting where you will find a wide range of local amenities within walking distance, including grocery stores, local restaurants, retailers and coffee shops. We're also steps away from the beautiful Kiwanis Waterfront trail and Riverside Park, as well as Pembroke Shopping Mall—Ottawa Valley's largest shopping centre.

Our retirement community offers valuable independent supportive living services that allow you to comfortably age in place, including delicious and nutritious meals, weekly housekeeping and linen service, medication management, as well as a variety of personalized care services tailored to your needs. In addition, we have our very own shuttle bus, used for outings and private bookings.



## OUR UNIQUE LIFESTYLE

At our retirement home, you can benefit from a variety of contemporary on-site amenities that serve as gathering places for our many lifestyle experiences, including a chapel, bistro, sunroom, library, social dining room and more. If you like being outdoors, you'll love our award-winning landscaped grounds, which serve as a peaceful sanctuary for residents looking to be closer to nature. You can also go for a peaceful stroll along our paved walking paths around the residence - the choice is yours!

You can choose from a selection of suites that come in large and bright studios featuring kitchenettes, as well as one-bedroom layouts, some with private balconies and fireplaces. You'll find our caring and dedicated staff strive to exceed expectations so you can enjoy the comforts and security of home, plus the peace of mind you deserve.

**Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.**



# FACTS & FEATURES



## IN THE NEIGHBOURHOOD

- Grocery stores
- Restaurants
- Places of worship
- Pharmacies
- Hospital
- Parks
- Shopping
- Coffee shops
- Golf courses

## ACTIVITIES

- LiveNow program
- Day trips\*
- Gardening
- Social and recreational programs
- Cultural activities
- Exercise
- Yoga
- Live entertainment
- Piano

## DINING SERVICES

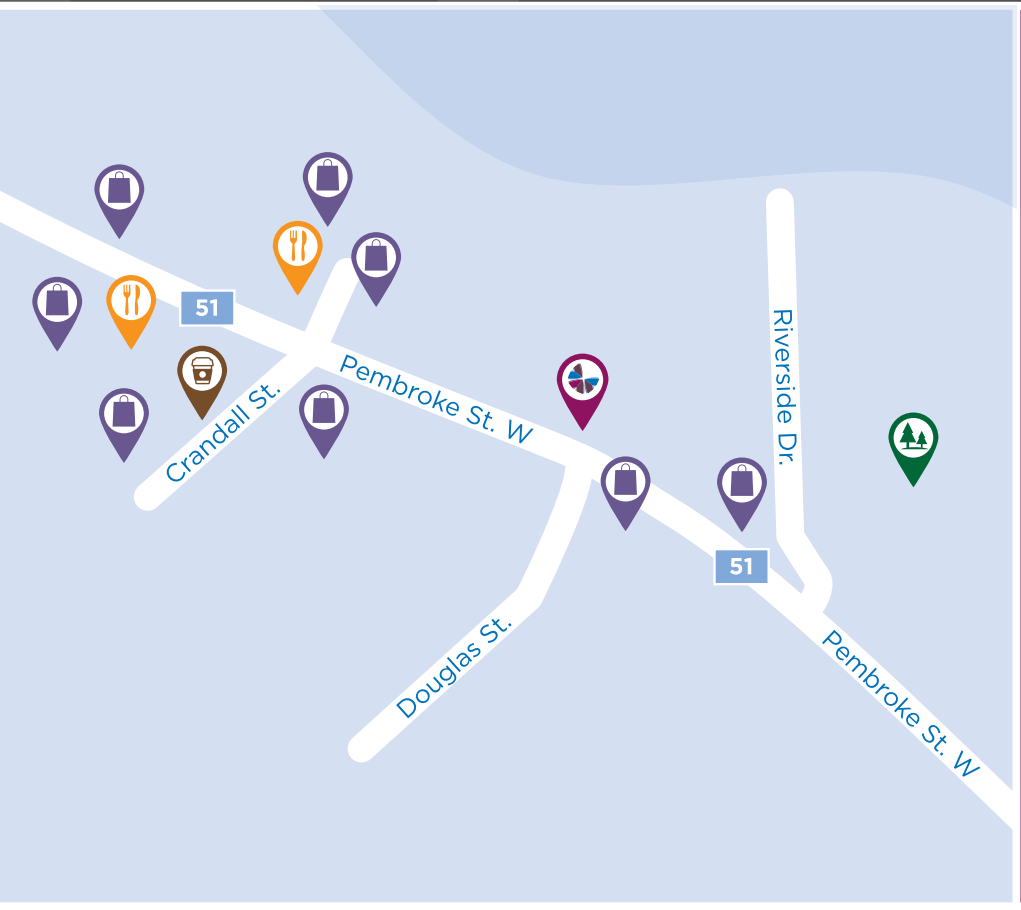
- Diversified menu
- Meals for guests\*
- Freshly-prepared snacks
- À la carte menu
- Continental breakfast
- Flexible dining times
- Family dinner

## CARE SERVICES

- Medication supervision/administration\*
- On-site Nurse
- Oxygen service\*
- Assistance with activities of daily living\*
- Esthetician services\*
- Blood pressure clinic\*
- On-call Nurse
- Vitals monitored\*
- Care Assist Program

## AMENITIES

- Dining room
- TV room
- Lounge
- Bistro/cafe
- Multi-functional room
- Outdoor greenspace
- Country kitchen
- Library
- Tuck shop\*



-  Restaurant
-  Shopping
-  Coffee shop
-  Park

**CHARTWELL PEMBROKE HERITAGE**

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