



making people's lives BETTER



Active retirement living
in a **modern** and **inviting**
atmosphere in **Gatineau**.

PART OF OUR LOCAL COMMUNITY SINCE 2008

Chartwell Jardins Notre-Dame is the perfect place for retirees who want to lead an active and engaged retirement lifestyle. Located in an urban city near Boulevard des Allumettières and major Gatineau roadways, our home is surrounded by walking paths and lush private gardens, making it an ideal place to relax and unwind. For those seeking quieter outdoor pursuits, Gatineau Park is located just around the corner. We're also well-situated near many shops, restaurants and other

amenities, where you can explore and always discover something new.

There are also plenty of opportunities for you to remain active and engaged outside our home with our scheduled outings that you can attend either alone, with friends or in a group. Furthermore, our home's ideal location makes the surrounding areas easily accessible by car, public transit or our residence's shuttle.

OUR UNIQUE LIFESTYLE

At Chartwell Jardins Notre-Dame, we offer a wide variety of studio, one-, two- and three-bedroom apartments—many with private balconies—to meet your unique preferences. In addition, our home uniquely features a one-of-a-kind option of large, open-concept apartments with two full bathrooms—a rare find for apartment living! Since our residence is mid-sized, you'll enjoy a sense of family and the kind of warmth that makes you feel at home.

Our home is located near Chartwell Domaine Notre-Dame, so you can rest easy knowing that care services are available if your needs change over time. We offer a continuum of care here, where caring and dedicated staff take a personalized approach to keep your retirement worry-free.

Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.



FACTS & FEATURES



IN THE NEIGHBOURHOOD

- Grocery stores
- Pharmacies
- Shopping
- Restaurants
- Hospital
- Medical clinics
- Banks
- Transit
- Museums

ACTIVITIES

- Educational activities
- Cultural activities
- Social and recreational programs
- Day trips*
- Exercise
- Live music events
- Yoga
- Billiards
- Piano

DINING SERVICES

- Diversified menu
- À la carte menu
- Open-seating dining
- Flexible dining times
- Special diets accommodated
- Themed dinners*
- Meals for guests*
- Catering*

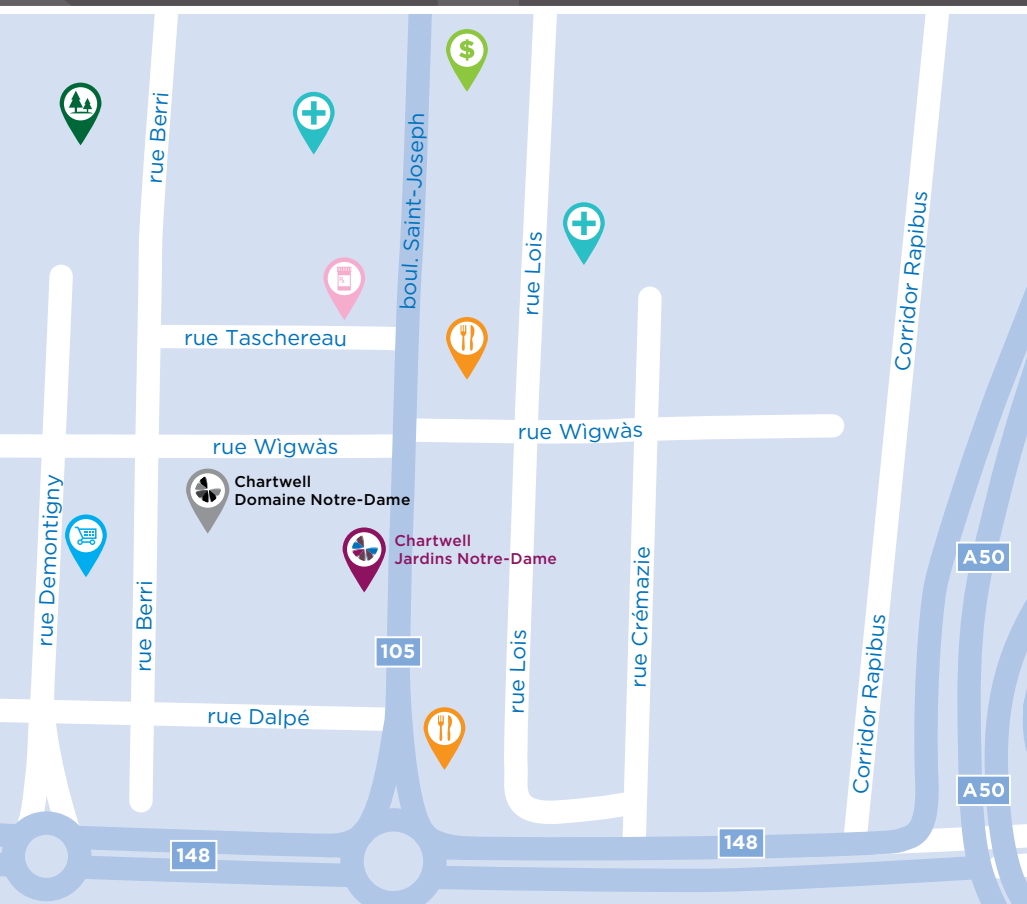
CARE SERVICES

- Medication supervision/administration*
- On-site Nurse
- Assistance with activities of daily living*
- On-call Nurse
- Companionship*
- Vitals monitored*
- Blood pressure clinic*

AMENITIES

- Dining room
- Bistro/cafe
- Activity room
- Fitness room
- Movie theatre
- Place of worship
- Library
- Pool
- Convenience store*

*Fee-for-service may apply.



+ Medical clinic

 Pharmacy

\$ Bank

 Grocery store

 Restaurant

 Park

CHARTWELL JARDINS NOTRE-DAME

195, boulevard Saint-Joseph, Gatineau, QC J8Y 0A3 • **819-815-9989**