









### PART OF OUR COMMUNITY SINCE 2001

Step through the doors of Chartwell Empress Kanata and you'll find you're immediately embraced by a sense of warmth and friendship. Our retirement residence offers the surrounding community a number of lifestyle options from independent supportive living suites to a dedicated Memory Living neighbourhood.

Located in a quiet, tree-lined residential neighbourhood, many individuals choose to live

with us because they have children or relatives living in the area. As such, it isn't uncommon to see family members stopping by on the way to take their kids to school, or while out walking their dogs. As we're a small residence, you'll quickly feel a part of our close-knit community of residents and their families. We are also pet-friendly!

# OUR UNIQUE LIFESTYLE

Well-established in Kanata South, our residence enjoys a strong reputation in the community, thanks in large part to our caring, long-service staff. We love to welcome members of our local community into our home and host regular Bridge Club meetings in our games room. You can also look forward to our always-popular Thursday Happy Hours, ice-cream socials in the summers, reading in our well-stocked library, and peaceful strolls along our outdoor walking paths, shaded beneath mature trees. Our home also boasts a bistro, theatre, chapel, salon, and planters for gardening.

With many amenities and spaces in our home recently updated, Chartwell Empress Kanata has traditional, classic décor and warm wood finishes that make everyone feel right at home. Our suites are equally as appealing—all spacious and freshly-updated—and some even have fireplaces. Our independent supportive living suites include weekly housekeeping and medication administration, if needed.

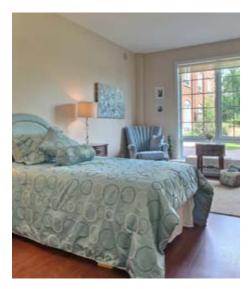
### Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.











## FACTS & FEATURES



#### IN THE NEIGHBOURHOOD

<ul> <li>Grocery st</li> </ul>	tores
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- Pharmacies
- Shopping

#### **ACTIVITIES**

- LiveNow program
- Educational activities
- Cultural activities

- Restaurants
- Hospital
- Medical clinics

- Banks
- Transit
- Coffee shops
- Social and recreational programs
- Day trips\*

Themed dinner\*

Meals for guests\*

Exercise

- Live entertainment Live music events
- Gardening

#### DINING SERVICES

- À la carte menu
- Open seating dining
- Flexible dining times

#### **CARE SERVICES**

- Medication supervision/ administration\*
- Pharmacy

Catering\*

- Assistance with activities of daily living\*
- On-call Nurse
- Occupational therapy\*

- Family dinner
- Freshly prepared snacks
- Wine service
- Physiotherapy\*
- Esthetician services\*
- Care Assist Program

- **AMENITIES**
- Dining room
- Bistro/cafe
- Activity room
- Fitness room
- Movie theatre
- Multi-functional room
- Library
- Walking paths



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