

# Chartwell's Lifestyle & Care Options in Ontario

Are you wondering what living options are available in Chartwell retirement residences in Ontario? Let's explore what may be the best fit for you or a loved one!

*It's home,  
with benefits*

No matter what lifestyle option you choose, in a Chartwell residence you'll benefit from these **included or optional (\$)** services:

Delicious and nutritious dining




Daily snack and beverage service

Housekeeping and laundry service

Transportation services

Activities, classes, and outings

24/7 access to staff on-site

|   | Who is the right fit?  | What are the benefits or services?  | What is the accommodation like?   |
|---|--|---|---|
| <p><i>Seniors'</i><br/>APARTMENTS<br/>&amp; TOWNHOMES</p>   | <p><b>Active older adults and downsizers</b> who want à la carte service options and <b>do not need care.</b></p>            | <ul style="list-style-type: none"> <li>• Maintenance-free lifestyle</li> <li>• Quiet, social community of like-minded people</li> <li>• Staff available 24/7</li> <li>• À la carte services like meal packages, housekeeping, and transportation</li> </ul>     | <p>Our seniors' apartments have <b>fully-equipped kitchens</b> for cooking and come in all shapes and sizes—from studio, one- and two-bedroom apartments to townhomes with yards, driveways, and garages.</p>                               |
| <p><i>Independent</i><br/>LIVING</p>               | <p><b>Independent or semi-independent seniors</b> who want a service package and access to <b>flexible care support.</b></p> | <ul style="list-style-type: none"> <li>• Medication management</li> <li>• Assistance with morning or evening routine</li> <li>• Bathing or showering assistance</li> <li>• Pharmacy services</li> <li>• Access to visiting professionals and clinics</li> </ul> | <p>Our independent living suites within our retirement communities come in all designs and sizes depending on the residence—<b>studio, one-, one-plus-den and even two-bedroom layouts!</b></p>   |
| <p><i>Assisted</i><br/>LIVING</p>                  | <p>Seniors managing <b>moderate-to-heavy care needs</b>, mobility challenges, or mild cognitive impairment.</p>              | <ul style="list-style-type: none"> <li>• Meal assistance</li> <li>• Continence care</li> <li>• An escort to meals and activities</li> <li>• Hand and foot care</li> <li>• Specialized wellness services</li> </ul>  | <p>Our assisted living suites come in many sizes and layouts and are found within <b>dedicated neighbourhoods</b> of Chartwell residences, <b>featuring their own dining and activity spaces</b> where nursing staff are close at hand.</p> |
| <p><i>Memory Care</i><br/>&amp; MEMORY LIVING</p>  | <p>Seniors living <b>with dementia</b> or Alzheimer's who require specialized care and support.</p>                          | <ul style="list-style-type: none"> <li>• Unique person-centred approach to care and staff training</li> <li>• High staff-to-resident ratio</li> <li>• Specialized dining and activities</li> <li>• Hands-on support for family</li> </ul>                       | <p>Our memory care suites are found within our <b>dedicated and secure assisted living neighbourhoods</b>, while our Memory Living suites are found within <b>specialty designed Memory Living neighbourhoods.</b></p>                      |

DID  
**YOU**  
KNOW?

Chartwell's **Care Assist** program is offered at all residences in Ontario so that if you want to benefit from **more care as your needs change**, you can opt into **à la carte services or all-inclusive packages** at any time.



With almost **90 residences across the province**, we likely have a Chartwell near you that will be the right fit for you or a loved one. Contact us today for guidance on the senior living choices in your neighbourhood!