

Chartwell’s Lifestyle & Care Options in Québec

Are you wondering what living options are available in Chartwell retirement residences in Québec? Let’s explore what may be the best fit for you or a loved one!

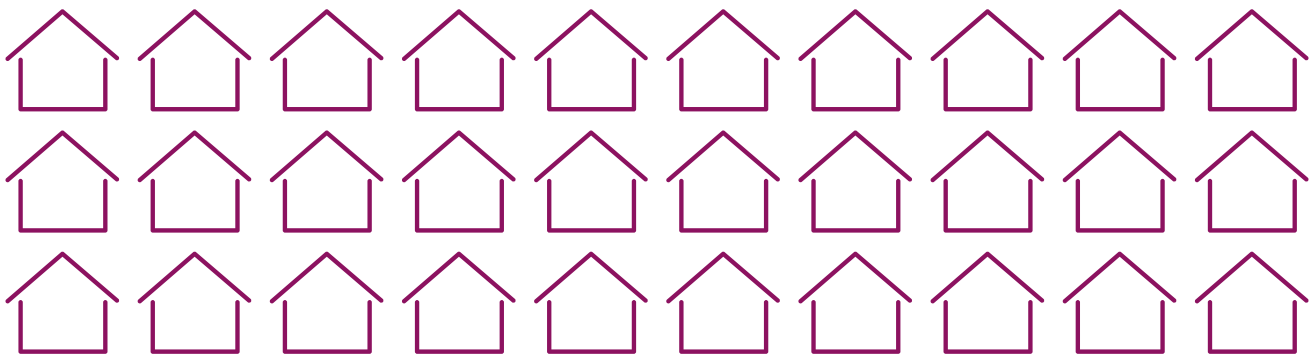


It's home, with benefits

No matter what lifestyle option you choose, in a Chartwell residence you'll benefit from these **included or optional (\$)** services:

- Delicious and nutritious dining
- Housekeeping and laundry service
- Transportation services
- Activities, classes, and outings
- 24/7 access to staff on-site

	Who is the right fit?	What are the benefits or services?	What is the accommodation like?
<i>Independent</i> LIVING	Active older adults and downsizers who want à la carte service options and a social, fulfilling lifestyle.	<ul style="list-style-type: none">• Maintenance-free lifestyle• Quiet, social community of like-minded people• Staff available 24/7• À la carte services like meal packages, housekeeping, and transportation	Our independent living apartments come in all designs and sizes depending on the residence—studio, 3½, 4½ and even 5½ layouts!
Is care support available? We can help you navigate your care options, which—depending on your residence— may be available through Chartwell, government-funded home care services (ex: CLSC), or private-pay agencies .			
<i>Assisted</i> LIVING	Seniors who are managing care needs or mobility challenges and want a service package and access to flexible care support.	<ul style="list-style-type: none">• Medication management• Assistance with morning or evening routine• Escort to meals and activities• Personalized care options	Depending on the residence, our assisted living suites may be found on designated floors of the retirement community —warm and welcoming settings where you can also benefit from dedicated dining rooms, lounges, and outdoor spaces.
<i>Secured Care</i> UNITS	Seniors living with dementia or Alzheimer's who require specialized care and support.	<ul style="list-style-type: none">• Unique person-centred approach to care and staff training• High staff-to-resident ratio• Specialized dining and activities• Memory care services like cueing assistance or an escort to meals	Our secured care units are dedicated, welcoming settings within Chartwell residences where trained care staff are close at hand. They often feature their own dining and activity spaces too.



With many **residences across the province**, we likely have a Chartwell near you that will be the right fit for you or a loved one. Contact us today for guidance on the senior living choices in your neighbourhood!