



making people's lives BETTER



**Convenient service, friendly staff and flexible support** for an enjoyable retirement in desirable **Bells Corners.**

## PART OF OUR LOCAL COMMUNITY SINCE 2001

Chartwell Stillwater Creek is a retirement community in Nepean offering independent supportive living suites and dedicated assisted living floors. Our gorgeous setting, variety of personalized, flexible services and compassionate, long-standing staff make us a place you'll be proud to call home.

We are in the heart of Bells Corners in Ottawa's west end, and though we are quietly nestled in a private park setting, we still enjoy easy access to

an extensive list of nearby services and amenities. With banks, grocery and liquor stores, pharmacies and doctors' offices nearby—many within walking distance—it's easy to run errands. Or if you're looking to meet up with friends or family for a bite to eat, there are many restaurants and cafés in the area to tempt your taste buds, as well as great shopping opportunities.



## OUR UNIQUE LIFESTYLE

The epicentre of our full-service retirement residence is our dining and recreational space, where residents from all parts of our home come together to socialize and participate in our many activities and events. Additionally, we have a hair salon, exercise room, library, solarium, boardroom, public and private dining rooms, tuck shop and gorgeous outdoor space.

You're welcome to join us in one of the many programs, social events or outings we schedule each month. From Happy Hour and classic movies to exercise classes, game tournaments and adult education opportunities, there's always something entertaining going on.

Depending on the level of support you need to live well, we offer a variety of **independent supportive living** and **assisted living** care services that maximize wellness and peace of mind, as well as delicious and nutritious dining, housekeeping and staff on-site 24/7.

**Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.**



# FACTS & FEATURES



## IN THE NEIGHBOURHOOD

- Grocery stores
- Pharmacies
- Shopping
- Restaurants
- Hospital
- Medical clinics
- Banks
- Transit
- Coffee shops

## ACTIVITIES

- LiveNow program
- Educational activities
- Day trips\*
- Social and recreational programs
- Exercise
- Live entertainment
- Gardening
- Yoga
- Piano

## DINING SERVICES

- Diversified menu
- À la carte menu
- Meals for guests\*
- Family dinner

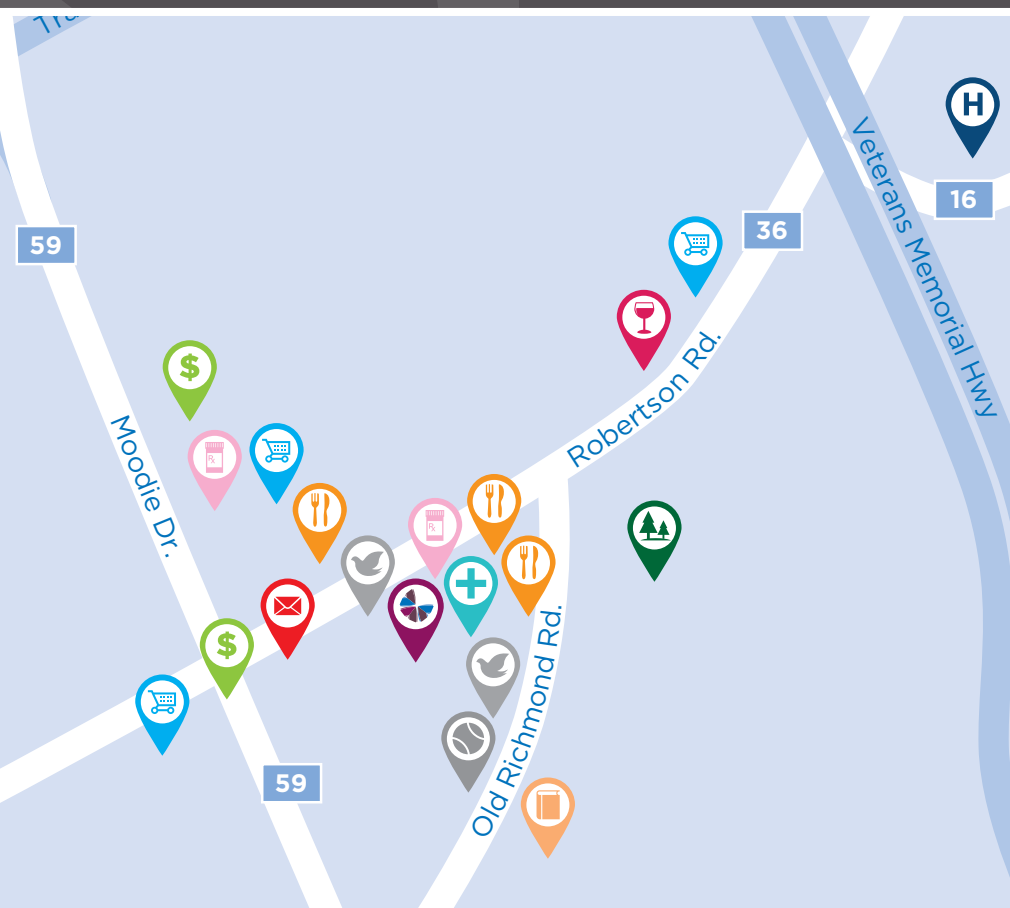
## CARE SERVICES









- Medication supervision/administration\*
- Assistance with activities of daily living\*
- On-site Nurse
- Visiting Physician\*
- Vitals monitored\*
- Blood pressure clinic\*
- Lab services\*
- Visiting Dentist\*
- Care Assist Program

## AMENITIES

- Dining room
- Private dining room
- Bar/lounge
- Activity room
- Fitness room
- TV room
- Multi-functional room
- Library
- Lounge

\*Fee-for-service may apply.



-  Bank
-  Grocery store
-  Hospital
-  Liquor store
-  Medical clinic
-  Park
-  Pharmacy
-  Restaurant

## CHARTWELL STILLWATER CREEK

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