



CHARTwell
FOUNTAINS
OF MISSION
retirement residence



making people's lives BETTER[®]

As Canada's largest retirement living operator, our mission at Chartwell is to provide seniors with a happier, healthier and more fulfilling life experience. Together with our committed and caring staff, we offer our residents top-quality service and a rewarding lifestyle in retirement communities they are proud to call home.

PART OF THE CALGARY COMMUNITY SINCE 2004

Chartwell Fountains of Mission Retirement Residence is nestled along a quiet, tree-lined street, surrounded by leafy parks and near the winding Elbow River. Offering active individuals an independent and vibrant lifestyle where they have the freedom to pursue their hobbies and interests, our residents enjoy a host of modern amenities and an engaging calendar of activities, events and outings.

UNIQUELY OUR OWN

One element of living at our retirement community that our residents particularly value is our exceptional dining options. With three daily meals included in their package, residents have the opportunity to socialize with friends in our warm dining room and lounge. They can also choose to do their own cooking in our Country Kitchen, or book our private dining room for special events. Great food, a wealth of social opportunities and caring staff all help to make our residents feel right at home.



THREE PILLARS OF CHARTWELL



DINING

ENJOY DELICIOUS
AND NUTRITIOUS
MEALS

The only thing better than being served appetizing, healthy meals you don't have to prepare yourself is enjoying them alongside friends. With trained dining staff dedicated to catering to the unique needs and preferences of each individual, as well as tasty daily menus featuring fresh ingredients, our dining experience makes residents feel right at home.



ACTIVITIES

LEAD A HEALTHY
AND INSPIRED
LIFESTYLE

We offer a variety of activities, classes and outings that engage the mind, body and spirit and cater to our residents' individual interests and abilities. Bringing together six dimensions of wellness, our Live Now programming promotes inspired, vibrant and fulfilling retirement lifestyles.



WELLNESS SERVICES

RECEIVE THE PERSONAL
SUPPORT YOU NEED

We believe receiving the right support services is vital for our residents to enjoy life to the fullest while maintaining their health and independence. Our trained and caring staff are dedicated to providing personal support based on each individual's unique needs, so residents can enjoy the peace of mind they deserve.

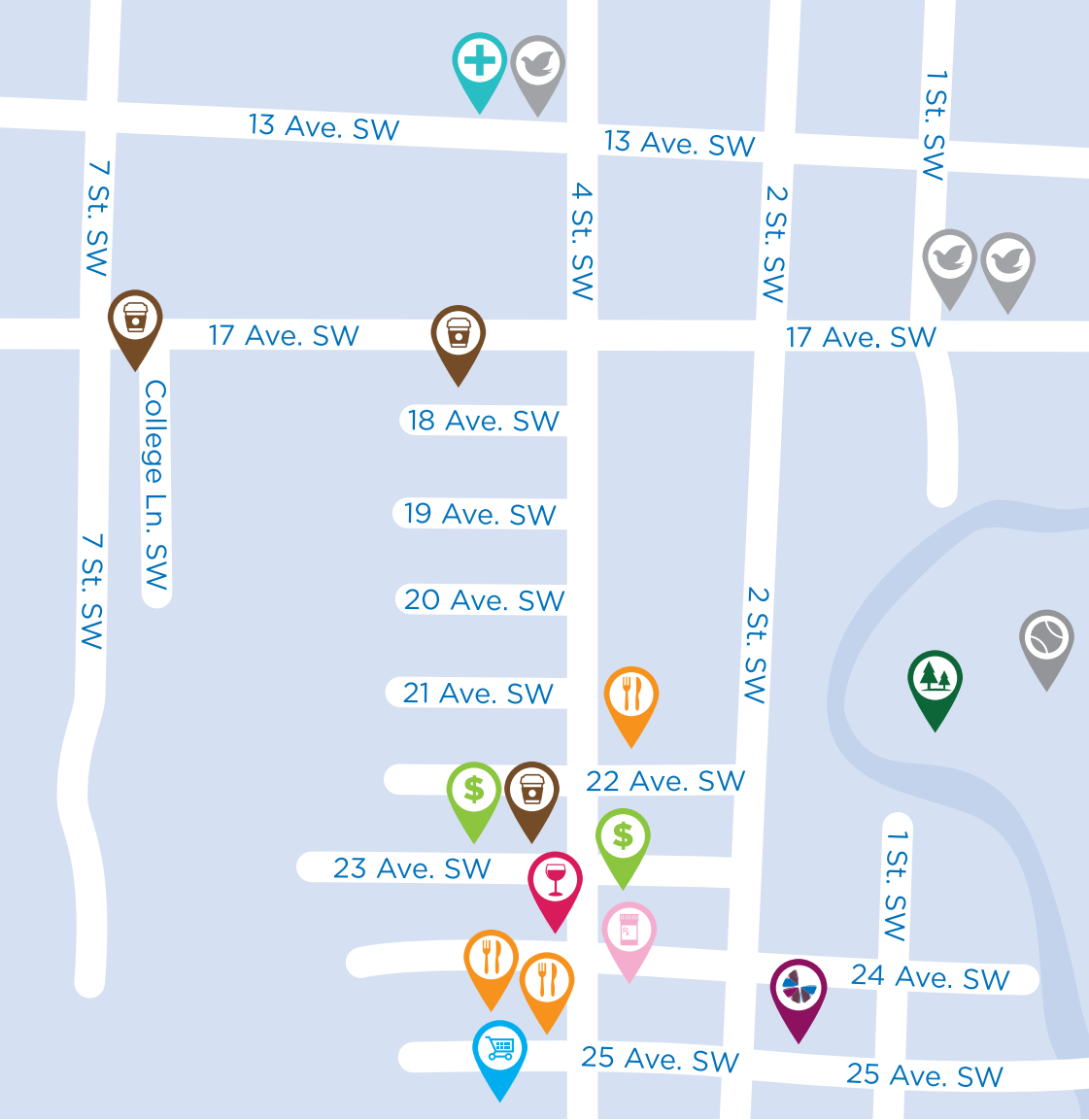













WELCOME TO THE NEIGHBOURHOOD

Five minutes outside Calgary's thriving downtown core, Chartwell Fountains of Mission's central location is complemented by mature trees, lush parkland and the Elbow River. Situated on 25 Avenue SW, we're near Macleod Trail SW and Fourth Street SW, with transit options nearby. When our residents aren't taking advantage of local shops, unique restaurants and convenient services, they're being whisked off on exciting day trips to downtown landmarks and attractions, including Calgary Stampede Park, the Alberta Ballet, Epcor Centre for the Performing Arts, the Scotiabank Saddledome and the Peace Bridge.

Additional local amenities that our residents benefit from include:

- RBC Royal Bank
- Safeway
- Shopper's Drug Mart
- Mission Wine & Liquor Merchants
- Sheldon Chumir Medical Centre
- Mission Health Centre
- Earl's Kitchen & Bar, Joyce on 4th, Famosa, Purple Perk, Starbucks, Ducky's Pub & Restaurant
- Talisman Centre
- Places of worship
- River walking paths



-  Chartwell Fountains of Mission
-  Grocery store
-  Restaurant
-  Coffee shop
-  Liquor store
-  Bank
-  Pharmacy
-  Community centre
-  Park
-  Place of worship
-  Medical clinic





Billiards, exercise classes, charitable opportunities, day trips—*at Chartwell Fountains of Mission, residents can rediscover an old hobby or explore a different one, making new friends in the process. A selection of tasty meals and the availability of wellness services also to enhance our relaxing and fulfilling retirement experience.*

DINING*

Offering delicious and nutritious daily menus, our food service team exceeds expectations by crafting meals that cater to the tastes, preferences and dietary needs of residents, preparing everything from home-style favourites to themed meals to scrumptious desserts.



Three (3) meals included



Country kitchen



Private dining room



Bar/lounge



Diabetic diet



Central dining room



Diversified menu














Special diets accommodated

*Fee-for-service may apply











ACTIVITIES*

To further enhance residents' retirement living experience, many of our most popular programs, activities and social events take place on-site in our modern amenities, where they can pursue hobbies, socialize with friends, or simply sit back and relax.

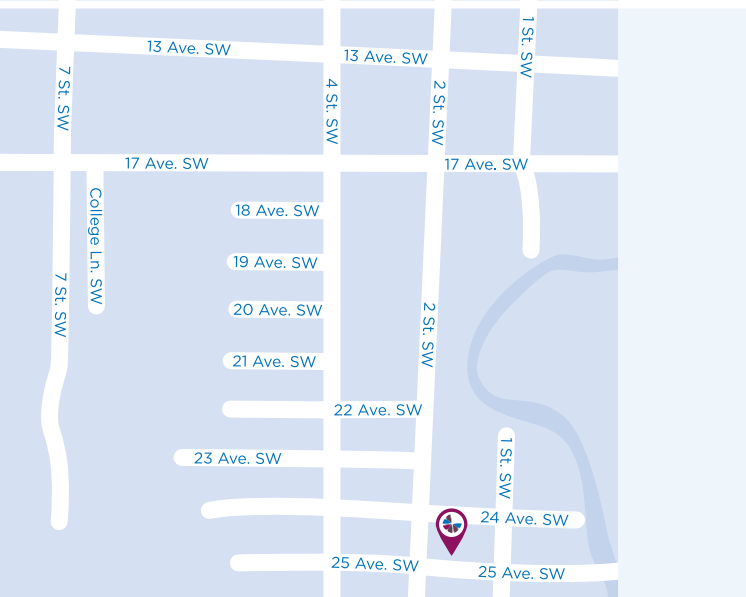
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|---|--|---|
|  Billiards |  Chapel/place of worship |  Hobby/art studio/crafts |
|  Day trips |  Exercise/fitness facilities |  Piano |
|  Library |  Movie theater |  Video gaming |
|  Residents' computer room/ Wi-Fi |  Social and recreational programs | |

WELLNESS SERVICES*

In addition to convenient household services, our residents can take advantage of a host of personal support services geared toward helping them maintain their health and independence with the peace of mind they deserve.

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|--|---|---|
|  Esthetician |  Individual care plans |  Massage therapist |
|  Medication supervision/ administration |  Oxygen services |  Visiting dentist |
|  Vitals monitored |  Wheelchair accessible | |

*Fee-for-service may apply



NOTES

CHARTWELL FOUNTAINS OF MISSION

222 25th Ave. SW, Calgary, AB • 587-287-3946



FOUNTAINS OF MISSION

retirement residence

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Independent Supportive Living

TYPES OF SUITES

- Studio
- Studio + den
- 1 bedroom
- 1 bedroom + den
- 2 bedrooms

INCLUDED IN ALL APARTMENTS

- | | |
|--------------------------------------|-------------------------|
| ▪ Air conditioning | ▪ Wi-Fi available* |
| ▪ Grab bar in bathroom | ▪ Cable television |
| ▪ Kitchenette | ▪ Individual thermostat |
| ▪ Personal emergency response system | ▪ Microwave |
| ▪ Smoke detector | ▪ Phone |
| | ▪ Sprinkler |

ACTIVITIES & FEATURES*

- | | | |
|---------------------------|-------------------------------|------------------------------------|
| ▪ Billiards | ▪ Exercise/fitness facilities | ▪ Hobby/art studio |
| ▪ Day trips | ▪ Movie theatre | ▪ Piano |
| ▪ Library | ▪ Residents' computer room | ▪ Social and recreational programs |
| ▪ Chapel/place of worship | ▪ Wi-Fi | |
| ▪ Video gaming | ▪ Crafts | |



*Fee-for-service may apply.

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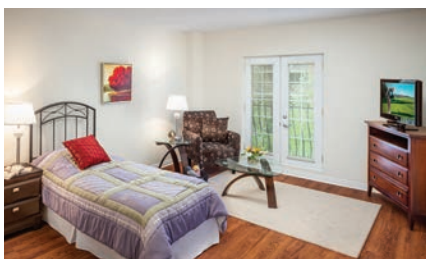
A **UNIQUE** APPROACH THAT'S FOCUSED ON THE INDIVIDUAL

DINING*

- Three (3) meals included
- Country kitchen
- Private dining room
- Bar/lounge
- Diabetic diet
- Central dining room
- Open Seating
- Diversified menu
- Special diets accommodated

WELLNESS SERVICES*

- Esthetician
- Medication supervision/administration
- Vitals monitored
- Individual care plans
- Oxygen service
- Wheelchairs accessible
- Massage therapist
- Visiting dentist
- Visiting doctor



*Fee-for-service may apply.



For more information visit chartwell.com or call today **587-287-3946**

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