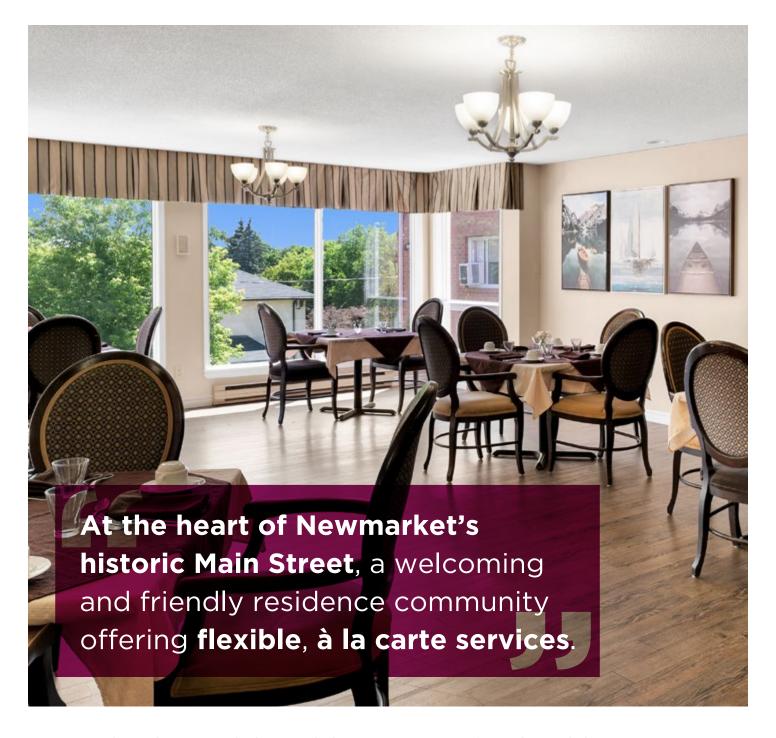


retirement residence





making people's lives BETTER



# PART OF OUR LOCAL COMMUNITY SINCE 1991

Located in the heart of Newmarket, Chartwell Alexander Muir is an intimate and traditional retirement residence nestled in a lovely neighbourhood surrounded by beautiful gardens and century homes. Offering independent supportive living services, we're well known for providing personalized, à la carte care services and a family-friendly atmosphere where our diverse community of residents and staff knows one another well.

Our retirement home is well situated on Prospect Street, nearby various walkable local amenities and services, including restaurants, places of worship, and pharmacies. Our central location is also just a block away from Newmarket's bustling historic downtown Main Street, where you can discover gorgeous boutiques, heritage buildings, a variety of upscale restaurants, an award-winning Farmer's market and Riverwalk Commons for festivals and live shows. For those seeking quieter outdoor pursuits, we're also nearby scenic parks such as Fairy Lake, with beautiful walking trails for all ability levels.

### **OUR UNIQUE LIFESTYLE**

At our home, you'll benefit from delicious and nutritious dining, weekly housekeeping, medication management, optional social and leisure experiences, as well as a variety of available personal care services we can tailor to your needs, desires, and finances. We also offer beautiful and bright studio and one-bedroom suites.

The personality of our home can be described as active, engaging, and friendly, as we're a place where you can focus on the people and pursuits that bring you the most joy in life. You may find our residents conversing over a cup of coffee in the bistro, laughing over a card game, keeping fit in an exercise class, or enjoying a live musical performance. Our home also boasts a beautiful garden, private dining room, tuck shop, library, movie theatre and activity room. You're welcome to join us in one of the many engaging programs, social events, or outings we schedule each month.

Explore our Living at Chartwell brochure to learn more about dining, lifestyle activities and personalized care services.











## **FACTS & FEATURES**



#### IN THE NEIGHBOURHOOD

- Grocery stores
- Pharmacies
- Shopping

- Restaurants
- Hospital
- Medical clinics

- Coffee shops
- Transit
- Banks

#### **ACTIVITIES**

- LiveNow program
- Educational activities
- Live music events
- Social and recreational programs
- Exercise
- Gardening

- Day trips\*
- Live entertainment
- Yoga

#### **DINING SERVICES**

- Diversified menu
- À la carte menu
- Themed dinners\*
- Meals for guests\*
- Catering\*

- Family dinner
- Freshly-prepared snacks

#### **CARE SERVICES**

- Medication supervision/ administration\*
- On-site Nurse
- Visiting Physician\*
- Assistance with activities of daily living\*
- Pharmacy
- Blood pressure clinic\*
- Vitals monitored\*
- Oxygen service\*
- Care Assist Program

#### **AMENITIES**

- Dining room
- Private dining room
- Multi-functional room
- Activity room
- Fitness room
- Library

- Outdoor greenspace
- Bistro/cafe



## CHARTWELL ALEXANDER MUIR

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